

OPEN FOOTBALL REGISTRATION

Monday, April 18, 2016 | 6:00pm – 8:00pm

Richardson Center, 1485 Oakley Park Rd. (Across from WL Central)

For boys and girls ages 6 to 13 interested in Junior League FOOTBALL or CHERLEADING:

FOOTBALL

Football is comprised of four teams: Flag, Freshman, Junior Varsity, and Varsity with approx. 30-35 players per team. See below for age and weight divisions. Each player gets a minimum 5 plays in each half of every game. Practice begins in August and the season runs through first week of November.

Football Player Age Requirements and Weight Maximums

Flag - 6 or 7 years old on 08/01/16

No weight restrictions

Freshman - 8 or 9 years old on 08/01/16

Weight Maximum 125 lbs.

Junior Varsity - 10 or 11 years old on 08/01/16

Weight Maximum 150 lbs.

Varsity - 12 or 13 years old on 08/01/16

Weight Maximum 175 lbs.

14 years old on 8/01/16 through 11/15/16

Weight Maximum 135 lbs.

CHEERLEADING

Cheerleading squads are broken down into Flag, Freshman, Junior Varsity, and Varsity with approx. 20 girls on each squad. Cheerleaders are grouped according to grade level. The cheerleading season begins in August and runs through first week of November.

Cheerleader Age Requirements

Flag - 1st or 2nd Grade

Freshman - 3rd or 4th Grade

Junior Varsity - 5th or 6th Grade

Varsity - 7th or 8th Grade

Registration Requirements & Information

A registration fee of \$200 (\$150 for flag football and flag cheer) is required to hold your spot. You will also need to provide a copy of your player/cheerleader's **BIRTH CERTIFICATE**. Each team may require additional registration materials and equipment deposits. Please check your team's website for more information.

Registration for new players is determined by which high school a player or cheerleader is geographically designated to attend. Check with our registrar if you are unsure. Teams are broken down as follows:



Commerce Chargers: WALLED LAKE CENTRAL



Multi-Lakes Gators: WALLED LAKE NORTHERN



Walled Lake Braves: WALLED LAKE WESTERN

All selections for open roster positions will be handled on a first come/first serve basis from the team's respective districts. You will be notified by mail or phone of your acceptance. Registration fees will be returned if not selected.

If you have any questions, please contact:

Commerce Chargers

Maria Branoff – Registrar

248 219-8706 | mariabranoff@yahoo.com

Multi-Lakes Gators

Rhonda Boksa – Registrar

248 563-0919 | mlgatorfootballcheer@yahoo.com

Walled Lake Braves

Jenn Ludwig – Registrar

248-797-9867 | jennlud@gmail.com

All of our coaches get the tools, resources and certified education to help make football better and safer by teaching and implementing Heads Up tackling and blocking techniques designed by experts to move America's game to the new standard in football safety.

